



Quarry Rovers Football Club

Safeguarding Risk Assessment

Competitive Matches and Training – Step 1

Valid from 29th March until 12th April



This document defines the risk assessment performed by QRFC for the resumption of competitive football matches and training during step 1 of the return to play FA protocols

Venues	This risk assessment applies to our home pitches at Quarry Recreation Ground, Margaret Road, Headington and Barton Bradley Recreation Ground, Barton Road, Headington
Age Groups	This risk assessment applies to all age groups (U8 to U18)
Persons Affected	Everyone attending home matches and training sessions (coaches, officials, players, parents attending to meet safeguarding requirements)
Contact	Club COVID-19 Officers are Martin Holt (martin.holt@ndorms.ox.ac.uk) and Simon Harris (simon.harris16@btinternet.com)

Area of risk	Additional risk to young players	Risk Rating	Mitigations	Review
Informed written consent to participate in training	Parent/Carer consent and confirmation that they have read the risk assessment and FA guidance is required before child can participate in matches	Red	Team coaches to send risk assessment and links to UK Government and FA guidance to parents/carers. Request consent in reply. Agreement to follow club's COVID-19 policy as part of membership form for all players. Parents to made aware that use of the NHS test and trace is now required for attendance at matches.	Coaches to report back to the club committee
COVID-19 Self-Assessment	All players, officials, volunteers and spectators must undergo a self-assessment for any Covid-19-symptoms	Red	No-one should leave home to participate in football if they, or someone they live with, has any of the following: <ul style="list-style-type: none"> • A high temperature (above 37.8°C); • A new, continuous cough; • A loss of, or change to, their sense of smell or taste. 	Coaches should check before each training session and must be recorded. It is important to note that as per FA guidance, no training session should take place without this having been done.



Symptomatic Participants	Coaches to provide continued support for younger players	Amber	<p>Any participant or their household must not attend match day if they are symptomatic. They must self-isolate in accordance with NHS and PHE guidance.</p> <p>Any participant who is in an at-risk group should continue to exercise caution and return to matches when they feel comfortable.</p> <p>In the event that a participant becomes ill with COVID-19 symptoms, then they must inform the coach as soon as possible who should then inform the club.</p>	Club COVID-19 Officer to be informed as soon as possible by a coach if a participant shows symptoms of COVID-19.
Match and Training day Communication	Coaches and helpers to take time to define responsibilities.	Red	<p>There will be NHS test and trace QR codes created for each pitch at Quarry and Barton Bradley Recreation Grounds and these will be displayed clearly on every pitch in use during matchdays. In addition to player records every visitor to a match (coach, parent or other viewer) MUST scan the corresponding pitch QR code with the NHS test and trace app.</p> <p>This Risk Assessment should be shared with opposition teams and the referee beforehand.</p> <p>All participants should be aware of the COVID-19 Self-Assessment Check in order to carry out a self-assessment prior to every training session and/or match.</p> <p>If a participant or anyone they live with has any symptoms or fails any of the checks below then they MUST NOT attend:</p> <ul style="list-style-type: none"> - a new continuous cough. - a high temperature. - a loss of, or change in, your normal sense of taste or smell 	<p>Coaches to review before each session, and ensure players do not attend matches or training whilst they follow self-isolation guidance</p> <p>Coaches will need to learn, keep up with current guidance and make any adjustments as required.</p>



<p>Access restriction to avoid breaches in social distancing guidelines</p>	<p>No additional mitigations for younger children</p>	<p>Red</p>	<p>Implement Access restrictions at Quarry Recreation Ground as per Appendix</p> <p>Implement access restrictions at Barton Bradley Recreation Ground as per Appendix</p> <p>Investigation of possible use of temporary signage on match days</p> <p>Communication of this to parents via the risk assessment and their acceptance.</p>	<p>Coaches to report any issues to club COVID19 Officer for further learning and changes if required.</p>
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<p>Matchday and/or Training Planning</p>	<p>Provide support to younger players to maintain social distancing.</p>	<p>Amber</p>	<p>Managers should advise the opposition of the NHS test and trace QR codes which will be in place at Quarry and Barton Bradley and the app required to scan these</p> <p>Both Managers and Referee should ensure a safety briefing is provided before the commencement of any fixture. This should remind both sets of players and officials of their responsibilities.</p> <p>Players should arrive to matches already in their kit – take their own kit home for washing</p> <p>Bibs should not be shared and must be washed before and after each session. Avoid more than one player using the same kit e.g. a goalkeeper shirt. Use bibs if needed.</p> <p>Car sharing for travel to and from games should be minimised. Players are encouraged to walk or cycle to games where reasonably possible.</p> <p>You should try not to share a vehicle with those outside your household or support bubble.</p> <p>Changing facilities at Quarry Rec Pavilion are not available except in emergency situations, the toilets will be available and can be accessed by liaison with your team’s pavilion coordinator. This facility must be used in compliance with OCC guidelines provided and a record of users will be kept by QRFC for a period of 21 days.</p> <p>Toilet facilities are currently not available at Barton Bradley Recreation ground.</p> <p>Warm ups and cool downs should adhere to social distancing.</p> <p>Team talks should adhere to social distancing - cones/markers are recommended to enforce this.</p> <p>Substitutes, coaches and assistants should ensure they adhere to social distancing on the side line - cones/markers are recommended to enforce this. No handshakes pre or post-match. Group goal celebrations should be avoided.</p> <p>Players must sanitise hands immediately prior to and after a match.</p> <p>Players must not shout excessively if close to another participant.</p>	<p>Review after match and report back to club COVID-19 Officer with any issues</p>
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Additional Hygiene Measures	Support younger children with the need for good hygiene.	Red	Coaches to adopt additional procedures in support of good hygiene, including: <ul style="list-style-type: none"> - Use of hand sanitizer for coaches and players before and after session - Cleaning of equipment before and after use - Sharing of water bottles or other personal items other than those within their own household is prohibited. Bottles should be named to avoid the risk of accidentally being used by someone else. 	Coaches to review after matches for further learning. Share experiences with club COVID19 Officer
Spectators	No spectators are allowed at grassroots matches	Red	No spectators are allowed at grassroots football matches. The exception being that to meet statutory safeguarding requirements, one parent per child can attend training and matches, this applies to U18 grassroots football so applies to all of the current QRFC teams. QRFC will take measures to request visitors to the park refrain from spectating matches, this includes signage in the park.	Coaches to report any clear breaches to the club COVID19 Officer.
First Aid Treatment of Players, refer to FA Guidance on first aid treatment of players	Member of young players household to administer first aid unless it is a serious injury.	Amber	Coaches to review FA Guidance on 1 st aid treatment and communicate with parents so they are clear what coaches can and can't do. If a player gets injured a member of their household can assist if present and appropriate. Coaches to decide scenarios and their roles in response.	Appropriate PPE required for those administering first aid. Review and implement learning

Risk Ratings: Red (serious issues and risk/interventions needed immediately) Amber (some issues/being managed/needs monitoring) Green (on track, no action required).



Links to Reference Documents

UK Government guidelines on Coronavirus

<https://www.gov.uk/coronavirus>

Specific FA Guidance for return to play – Step 1

<https://www.thefa.com/news/2021/mar/24/fa-guidance-for-return-to-grassroots-football-20210324>

NHS Guidance on Coronavirus

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.covid19.nhs.uk/>

Oxfordshire FA Website and COVID-19 Updates

<https://www.oxfordshirefa.com/>

Appendix – Location Maps
Quarry Recreation Ground





Barton Bradley Recreation Ground

